



British Dragon Boat Racing Association

www.dragonboat.org.uk

v2 - FAQ

Return to Training - FAQ

The British Dragon Boat Racing Association has had a Return to Training plan accepted by the UK Government. It is expected you will read the Return to Training plan section on our website, including the Guidance for Clubs and Individuals document before this FAQ.

<https://www.dragonboat.org.uk/the-bda/coronaviruscovid-19/return-to-training/>

This FAQ document has been created as a result of questions to the BDA executive since we have issued our Return to Training plan, including questions asked during our Question & Answer online session held on the 14th of September 2020.

Please remember that this plan is to help clubs to return to training in a dragon boat. We have already published guidance for O1 usage, which is also available on our Coronavirus section.

Some clubs may not be able to follow the restrictions at this time due to their club circumstances, and others may not want to return to training yet.

We will update this document if we get further questions that would be useful to be shared. If you wish to contact the BDA – info@thebda.org.uk

Questions:

1. How is the return to dragon boat training going to be policed?

We put out the guidance and it is up to the clubs to follow. We won't be policing that clubs have said what they have confirmed that they will be doing but we will be spot checking document completeness and will put up a list of clubs that we will have completed the steps we have set out.



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2. Will there be an audit to validate what Clubs are doing?

The BDA will check documentation is in place, but not the detail of the documentation. It is up to the clubs to interpret the guidance for themselves and implement it based on their set of circumstances.

3. If there is an incident will it leave the BDA exposed?

As long as the guidance is followed and the club can back up what and why they have done something, then the club and the BDA should not be exposed if something should happen.

We are no different from sports such as British Rowing and British Cycling. Clubs and individual members need to take responsibility e.g. if a member has symptoms of the virus.

4. Some clubs have a lot of family groups. Does this make any difference to the guidance on numbers?

No difference. It's the same plan for all.

5. The rule in place from our site is that Club equipment must be quarantined for 72 hours after each use. How does this fit with the BDA guidance?

Club equipment must be disinfected after it has been used (before it is quarantined). You can also follow the guidelines if that is what your site says, but also need to follow ours.

6. We do not have any headsets. Where can we buy one?

We don't have any recommended headsets but you could ask in the Paddle Community Facebook group for advice from other clubs. One club has recently bought a "Shidu" Voice Amplifier and wireless speaker system for around £80. Other systems are around including wired ones.



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7. We class our Junior members as 16 years and under. Is this the same as the BDA?

Juniors are 18 years and under on 01 January of the year in question.

8. The guidance states that hand sanitising has to be done every 15 minutes during the session. Will this continue in every training session?

Yes, this will only change if there is a change in Government advice.

9. Can we go out in smaller dragon boats with the same number of people?

Phase 1 and 2 are for 20 person boats, phase 3 smaller boats are introduced into the plan.

10. Can we go out in O1s and a Dragon Boat in the same session?

Six O1 s and one dragon boat can be on the water at the same time as long as they remain separate and those in the boats also remain distanced on the land. In other words two groups that remain separate.

11. Do clubs have to pay their BDA membership before they can return to training?

The plan approved by the government is for BDA Member clubs. Contact the BDA separately to discuss this. See question 20 for more detail.

12. We need more than 9 people to put our dragon boat on the water. If we train with 2 dragon boats can we use the crews from both boats to put lift the dragon boats onto the water?

No. We cannot increase the size of the group. The size of the group is both off the water and in the boat as a group.



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13. Can new paddlers have a go during the return to training?

Yes. They just need to be on the BDA membership platform to comply with track and trace requirements. They don't need to be BDA members, but do need to register. Clubs should think carefully about whether it is sensible to take on new members at this time. People in the boat should be from a single club and must be able to be tracked and traced.

14. Do face masks have to be worn during training?

Not unless advice from Sport England with respect to face masks changes.

15. Our Club is doing circuit sessions in a park on Sundays with 6 people. Can we increase the number of people when the return to training begins?

This plan is only for training in a dragon boat. You must comply with Government restrictions on group numbers for any other activity.

16. How strict is the 'No talking' rule during training sessions?

Talking increases the possibility of transmission. Clubs should be doing everything possible to reduce the risk of transmission.

17. The guidance mentions taking a photo of the positions of people in the boat for track and trace. Some of our Club members have asked how long these photos will have to be stored.

There is no requirement to take a photo, the requirement is to record where people are sitting in the boat so we know who was in close proximity to whom. This could be achieved by taking a photo, but any other method is acceptable. Records must be kept for 21 days in accordance with Government requirements for track and trace (or as updated in the future).



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18. If it's difficult to balance the boat with 8 paddlers, can weights be used - if they are disinfected and only one person touches them?

Yes, as long as they are disinfected. Weights will not move around in the boat so they are okay, but objects that have the potential to move about, like unsecured water bottles are not permitted.

19. Things will evolve as we move forward. Will the BDA seek feedback from Clubs about training sessions?

We can get feedback at the BDA Congress on 17th October and at the next BDA Club Forum in November.

There is also a Paddlers Forum in Facebook Groups that we advise individuals to join and share ideas, stories, things that work etc there.

<https://www.facebook.com/groups/324490695378157/>

20. Does this guidance apply to non-BDA member clubs?

The Government "[Return to recreational team sport framework](#)" requires that activity takes place under the "official governing body's oversight". This means that only clubs that are members of the BDA can return at this time. Anyone else wishing to return to dragon boat racing should contact us to discuss options. Please also check our website for our statement related to this.

21. What happens if Government advice changes?

Clubs must keep on top of current guidance, in particular any changes to the rules around recreational team sport. Clubs should check the Government website and the BDA website regularly for any changes to the rules.



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22. What is the timescale to move between Phases?

Phase 1 is currently set to start on 01 October. The situation will be reviewed at each BDA Executive Committee meeting on the second Monday of each month. Any changes will be communicated within a week of the meeting.

23. Can I use a risk assessment from O1 or another sport on the site?

Risk assessments must include all the risks identified in the generic risk assessment that must be adapted to the club's specific circumstances.